## ABSTRACT OF THE DISCLOSURE

The motion reduction apparatus improves the safety of operation of a floating body floating on water by reliably reducing motion of the floating body, and has an orthorhombic shaped floating main body (11), a plumb plate supported vertically on one side section of the floating main body by means of stay members (13), and flow sections (15) for flooding with incoming water are provided between the floating main body and the plumb plate in such a way that an upper end section of the plumb plate is at about the same height as the bottom surface of the floating main body.